

# RANCOCAS VALLEY FOOTBALL SCHEDULE

## VARSITY AND JV

August 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> <b>OFF</b>	<b>2</b> <b>OFF</b>	<b>3</b> <b>OFF</b>	<b>4</b> <b>OFF</b>	<b>5</b> <b>OFF</b>	<b>6</b> <b>OFF</b>
<b>7</b> <b>OFF</b>	<b>8</b> 7:00 – 11:00 AM <i>HELMETS</i>	<b>9</b> 7:00 – 11:00 AM <i>HELMETS</i>	<b>10</b> 7:00 – 11:00 AM <i>HELMETS</i>	<b>11</b> 7:00 – 11:00 AM <i>HELMETS</i>	<b>12</b> 7:00 – 11:00 AM <i>SHELLS</i>	<b>13</b> 8:00 – 12:00 PM <i>SHELLS</i>
<b>14</b>	<b>15</b> 7:00 – 11:00 AM <i>FULL</i>	<b>16</b> 7:00 – 11:00 AM <i>FULL</i>	<b>17</b> <b>10:00 AM</b> <b>QUAD SCRIMMAGE</b> <i>LENAPE/EASTSIDE/WINSLOW</i>	<b>18</b> 7:00 – 11:00 AM <i>SHELLS</i>	<b>19</b> <b>6:00 PM</b> <b>SCRIMMAGE</b> <b>@ WASH. TWP.</b>	<b>20</b> 8:00 – 12:00 PM <i>HELMETS</i> <i>PICTURE DAY</i>
<b>21</b>	<b>22</b> 3:00 – 7:00 PM <i>FULL</i>	<b>23</b> 3:00 – 7:00 PM <i>FULL</i>	<b>24</b> 3:00 – 7:00 PM <i>FULL</i>	<b>25</b> 3:00 – 7:00 PM <i>SHELLS</i>	<b>26</b> <b>GAME 1</b> <b>VS WILLIAMSTOWN</b> <b>7 PM</b>	<b>27</b> 9:00 – 12:00 PM <i>HELMETS</i>
<b>28</b>	<b>29</b> 3:00 – 7:00 PM <i>FULL</i>	<b>30</b> 3:00 – 7:00 PM <i>FULL</i>	<b>31</b> 3:00 – 7:00 PM <i>SHELLS</i>	<i>Any Practice that is from 3-7 PM could be pushed to 5-9 PM due to the weather (If the Wet Bulb indicates it is too hot/humid to practice during that time period).</i> <i>Helmets = Helmet, Practice Jersey, Black Shorts, Cleats</i> <i>Shells = Helmet, Shoulder Pads, Practice Jersey, Black Shorts, Cleats</i> <i>Full = Helmet, Shoulder Pads, Practice Jersey, Practice Pants, Girdle, Cleats</i>		