

REGISTRATION

Venmo and Email Waiver to Coach Lucas at:
Venmo: @coachlucas74
Email: glucas@rvrhs.com

Mail both Camper Info, Medical Waiver and
Check to:
Coach Garrett Lucas
520 Jacksonville Rd, Mt Holly, NJ 08060

2022 Red Devil Football Camper Information

Name: _____

Address: _____

Age: _____ Grade: _____

Phone: _____

Email: _____

Circle Your Size Below:

Youth Shirt Size: S M L XL

Adult Shirt Size: S M L XL XXL

Emergency Contact Name:

Emergency Phone Number:

THE COACHES

The camp will be conducted by the Rancocas Valley Regional High School Coaching Staff as well as current and former RVRHS Football Players currently playing college football.



WHAT TO BRING?

- T-Shirt/Jersey
- Shorts
- Football cleats and sneakers
- Water bottle

CONTACT US

IF YOU HAVE ANY QUESTIONS AT ALL
PLEASE EMAIL: GLUCAS@RVRHS.COM



WELCOME

2022 RED DEVIL FOOTBALL FUNDAMENTAL CAMP



WHEN: JUNE 28TH, 29TH, 30TH

TUESDAY-WEDNESDAY-THURSDAY

TIME: 9:00 AM – 12:00 PM

WHERE: RANCOCAS VALLEY REGIONAL
HIGH SCHOOL (TURF FIELD)

WHO: GRADES K – 8

COST: \$110.00 PER CAMPER

*EACH CAMPER WILL RECEIVE A
RANCOCAS VALLEY FOOTBALL T SHIRT
AND A WRISTBAND*

CAMP DIRECTOR: GARRETT LUCAS
RANCOCAS VALLEY REGIONAL
HEAD FOOTBALL COACH

MEDICAL

I hereby state my child _____ is in good health and has my permission to participate in the 2022 Red Devil Fundamental Camp. I authorize the staff at the camp to provide emergency first aid in the event of sickness or an injury. I also give my permission for the coach to sign for me in the event that emergency treatment, hospitalization, and/or surgery is required. I understand I am financially responsible for any medical bills incurred by my child while at the 2022 Red Devil Fundamental Camp.

My signature below hereby releases the camp, coaches, workers, and RVRHS from any liability and any manner of actions, suits, damages, claims, and demands on account of personal injury arising from my child's participation.

Parent Signature: _____

Date: _____

Health Insurance Provider: _____

Policy #: _____

ABOUT OUR CAMP

The Red Devil Fundamental Camp is to provide basic and advanced instruction in preparation for youth and high school football. We will introduce skills and drills that make football fun and will improve the player's ability to compete in their upcoming season. We ask that you come with effort and energy!



COMPETITIONS/ AWARDS

Campers will compete to win Camp Awards in the following categories:

- Most Valuable Player
- Most Improved
- Most Hustle
- Razzle Dazzle Team Champions

#ForksUp

DAILY SCHEDULE

8:45 – 9:00 AM

Check In

9:00 AM – 9:15 AM

Dynamic Warm Up and Stretch

9:15 AM – 10:00 AM

Offensive Drills and Technique Work

10:00 AM – 10:15 AM

Water Break and Guest Speaker

10:15 AM – 11:00 AM

Defensive Drills and Technique Work

11:00 AM – 11:45 AM

Razzle Dazzle Football Games

11:45 AM – 12:00 PM

Awards and Daily Review

